kimboltonlodge.co.uk

# Unparalleled Care in the Heart of Bedford



### Welcome to Kimbolton Lodge

I have worked at Kimbolton Lodge for eleven years and I am absolutely passionate and committed to delivering the very best individualised care to each and every one of our residents.

I believe in recruiting good, caring staff and supporting and developing them to achieve the highest standards possible. I am incredibly proud of the staff team who take pride in the work they do and work very hard to ensure our residents receive the level of care and support they deserve.

Thank you for your interest in Kimbolton Lodge, please do contact me if you would like to visit our home to see the facilities and chat a little more about what we can offer. You would be most welcome!



Nicky Smith

Home Manager



# Where Care & Comfort Combine

Kimbolton Lodge is an independent care home which was established in 1980 and has been providing high quality nursing and residential care for more than forty years. We understand that moving into a care home, possibly at a time when your personal health needs are greater, can be a very daunting, stressful and emotional time for you and your family. We are proud of our ability to sensitively guide you through the admission process and warmly welcome you into your new home.

Throughout your stay at Kimbolton Lodge we will strive to ensure you are fully consulted and happy that your needs are being met. We will be available to listen, they are statisfied with the service you are receiving.



# **Our Mission Statement**

- We aim to provide the highest standard of residential and nursing care.
- Everyone receiving support at Kimbolton Lodge is treated as an individual. The service we provide is truly person centred, ensuring that residents are continually consulted, offered choices and included in making decisions about their care.
- We believe that each person has the right to an enjoyable, happy fulfilling life and we encourage and support them to achieve this.
- We uphold the individual's right to respect and dignity at all times.
- All our residents have the right to feel safe and secure within the home and we ensure that all our practices promote this fundamental requirement. Our security system allows us to monitor and control access to the home.
- Every resident is provided with a personal alarm with which to summon help if required.
- We operate a robust recruitment process and all applicants are required to have an Enhanced Disclosure and Barring service check prior to employment with us.
- All staff undertake a comprehensive training programme which includes Safeguarding of Vulnerable Adults training which is renewed annually.

# 66

Every day at Kimbolton Lodge reminds me that care is more than a job; it's a calling. Touching lives and seeing smiles fuels my passion. We acknowledge the uniqueness of each individual and strive to respect their choices and preferences.



# **Our Services**

#### **Care Services**

We acknowledge the uniqueness of each individual and strive to respect their choices and preferences. Whilst we offer support wherever and whenever required we actively support and encourage residents to maintain their independence as far as they are able.

Our professional, well trained and experienced staff team provides high quality, person centred care to each one of our residents and treats each person with dignity and respect at all times.

On admission each resident will be involved in the development of their Care Plan which reflects the individual's abilities, preferences and needs.

#### **Nursing Service**

When you choose residential nursing care at Kimbolton Lodge you can be assured that you will be safe in the knowledge that our skilled nurses are experienced in caring for older people with complex health conditions.

Our fully qualified nursing staff are on duty 24 hours per day and support with a range of medical conditions including:

- catheter care
- PEG feeding
- · long term health conditions
- neurological conditions
- wound care
- pressure care
- pain management

Ongoing assessments are provided to ensure your needs are addressed.

#### Medical Care

The majority of our residents are registered with the local GP surgery and the Complex Care Team are in daily contact with us to identify any requirements. Local residents may opt to stay with their own GP.

We have regular visits from an Optician and Chiropodist and can access community Occupational Therapists, Physiotherapists and Dentists as required.

We are pleased to escort our residents to dental and hospital appointments if relatives are unable to do so (this will incur a small charge).

#### Residential Care Service

Our residential care service is available to those who feel that they can no longer live independently or be cared for at home but who do not have a need for nursing interventions. We support with all aspects of daily living such as personal care, bathing or washing, dressing, toileting, taking medication and mealtimes if required.

You will be allocated a Keyworker whose role is to meet with you regularly to ensure that everything is going well and you are happy with the service you are getting.

Our aim is to support you to maintain your independence and live the life you would like to live!

#### **Rehabilitation Service**

In partnership with the NHS our Reablement Programme provides rehabilitative care to individuals who have been in hospital and who require short term care and support (6-12 weeks) to help them return to a level of fitness and independence which will facilitate their return home.

Support to this service is provided by community Physiotherapists and Occupational Therapists.

#### Dementia Care

We do not currently provide a service for individuals suffering from Dementia. However, if any resident develops dementia whilst they are with us we will do everything we can to manage this and meet their needs. Should the dementia progress to a point where we are unable to manage the individual's symptoms we will do everything we can to assist the transfer of the resident to a more suitable care environment.

#### Palliative Care

All our staff receive end of life training and are experienced in managing the needs of the individual and their family when it comes to palliative care. We are privileged to be able to provide them with the level of compassionate and dignified support that they and their family need and deserve at this difficult time. Our aim is to support you to maintain your independence and live the life you would like to live! Our continual process of staff supervision and development ensures that all staff are highly motivated and have an enhanced understanding of the particular needs of older people and the problems which they may be experiencing.



# Activities at Kimbolton Lodge

We aim to support each of our residents to pursue activities they previously enjoyed and to provide opportunities to explore new ones.

Our varied programme of social activities is based on our residents' individual interests and takes place both in the home and in the community.

We also tailor sessions to support individuals to pursue their own hobbies and to develop new skills.



# Some of the activities on offer are:

- ✓ Gardening
- ✓ Arts and Crafts
- ✓ Music and Dance
- Board games, quizzes, chess and dominoes
- Computer Skills
- Flower arranging
- ✓ Knitting, sewing and embroidery
- Model making
- Film sessions
- Visits from local theatre groups, singers and musicians

- Community trips to places of interest, garden centres, theatres, restaurants, pubs and the local shopping centre.
- Faith leaders visit monthly or on request

We also welcome your suggestions.









Enjoying life and your interests does not have to stop when you enter a care home

# Dining

We aim to make mealtimes a very pleasurable experience by offering a varied menu of tasty, nutritious home cooked meals in a pleasant and relaxed setting.

Meals are served in the dining room but can also be taken in the privacy of your own room if preferred. Special occasions such as birthdays and anniversaries can also be catered for.

Residents are invited to get involved in the development of the menus and this is usually an agenda item at the monthly Residents Meeting.

All the meals are prepared in house by our catering staff using fresh, seasonal produce and we cater for all special dietary requirements and individual preferences.

Visitors are welcome to dine with us and this should be prebooked with the catering staff.





# Visiting

We know how important it is for our residents to maintain close contact with their family, friends and loved ones. We welcome family members and your four-legged friends for regular visits.

We have an open door policy and visitors are welcome at any time, we only ask that visitors respect mealtimes within the home and visit either side of these.



Please visit our website for more information on staying with us at Kimbolton Lodge.

kimboltonlodge.co.uk



kimboltonlodge.co.uk

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